Sirens

A great technique to get children into their head voices is to have them make siren sounds like police cars, ambulances, and fire trucks. Tell a story about these service vehicles, having the students make the sound effects. Another time they can take turns "driving" their own service vehicle, with the appropriate vocal effects. Another day they can all "drive" whichever service vehicle you indicate. Try waving your fists above your head to indicate a police car, waving open hands over your head for an ambulance, and make scooping up and down motions to indicate a fire truck. If your hands stop, the vehicles must all stop in silence, so you're in complete control of the ensuing chaos.

Sirens are a wonderful attention-getter. Students practice their head voice, have fun, and are completely attentive when you stop. Try it!